



Reference Manual

Information for Branch Managers on Fixed Indemnity Medical Plan

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effective strategies & customized coverage

Contact Information

Branch Services:

Primary Contact: 803-210-2194 – Brent Turner

Branch and internal client staff will utilize this number to assist with payroll deduction issues, and provide assistance for any questions about the process and procedures of the Essential StaffCARE plan. We ask that employees not call this number as it is reserved for management.

Secondary Contact: 704-637-0022 – Essential StaffCARE Account Management

Use this contact in the event that the Primary Marketing Service Support Representative is unavailable and you are in need of immediate assistance. We ask that employees not call this number as it is reserved for management.

Member Services (Employee):

Essential StaffCARE Customer Service: 1-866-798-0803

Members will call this number for questions regarding their plan coverage, ID Card, claim status, policy booklets, and to cancel or change their coverage

Customer Service Call Center hours are M-F 8:30am to 8:00pm EST Spanish Speaking representatives are available

Fixed Indemnity Medical Benefits - Plans 1 & 2

	Plan 1	Plan 2
Medical Network	First Health	First Health
Network Provider Must Accept Plan	Yes	Yes
Prescription Network	Optum	Optum
Pre-Existing Condition Limitation	None	None
Wellness Care	Plan 1	Plan 2
Wellness Care (one per year)	\$75	\$100
Inpatient Benefits	Plan 1	Plan 2
Standard Care	\$300 per day	\$500 per day
Intensive Care Unit Maximum ¹	\$400 per day	\$600 per day
Inpatient Surgery	\$2,000 per day	\$2,000 per day
Anesthesia	\$400 per day	\$400 per day
First Hospital Admission (1 per year)	N/A	\$300
Skilled Nursing (for stays in a skilled nursing facility after a hospital stay)	\$100 per day	\$100 per day
	l	
Outpatient Benefits ²	Plan 1	Plan 2
Outpatient Benefits ² Annual Outpatient Maximum	Plan 1 \$2,000	Plan 2 \$2,200
•		
Annual Outpatient Maximum	\$2,000	\$2,200
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person)	\$2,000 \$60 per day	\$2,200 \$115 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab)	\$2,000 \$60 per day \$75 per day	\$2,200 \$115 per day \$90 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray)	\$2,000 \$60 per day \$75 per day \$150 per day	\$2,200 \$115 per day \$90 per day \$250 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services Physical Therapy, Speech Therapy, Occupational Therapy	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day \$50 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day \$50 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services Physical Therapy, Speech Therapy, Occupational Therapy Emergency Room Benefit - Sickness	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day \$50 per day \$100 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day \$50 per day \$250 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services Physical Therapy, Speech Therapy, Occupational Therapy Emergency Room Benefit - Sickness Emergency Room Benefit - Accident 3	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day \$50 per day \$100 per day \$300 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day \$50 per day \$250 per day \$500 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services Physical Therapy, Speech Therapy, Occupational Therapy Emergency Room Benefit - Sickness Emergency Room Benefit - Accident 3 Outpatient Surgery	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day \$50 per day \$100 per day \$300 per day \$500 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day \$50 per day \$250 per day \$500 per day \$500 per day
Annual Outpatient Maximum Physician Office Visit (Virtual or In-Person) Diagnostic (Lab) Diagnostic (X-Ray) Ambulance Services Physical Therapy, Speech Therapy, Occupational Therapy Emergency Room Benefit - Sickness Emergency Room Benefit - Accident ³ Outpatient Surgery Anesthesia	\$2,000 \$60 per day \$75 per day \$150 per day \$300 per day \$50 per day \$300 per day \$300 per day \$500 per day \$200 per day	\$2,200 \$115 per day \$90 per day \$250 per day \$350 per day \$50 per day \$500 per day \$500 per day \$200 per day

¹ Pays in addition to standard care benefit ²All outpatient benefits are subject to the outpatient maximum ³ Covers treatment for off the job accidents only ⁴Not subject to outpatient maximum ⁵ To file a claim, save your receipt and remit to Planned Administrators, Inc.

Semi-Monthly Premiums	Medical Plan 1	Medical Plan 2
Employee Only	\$34.62	\$43.29
Employee + Child(ren)	\$57.50	\$71.86
Employee + Spouse	\$65.78	\$82.25
Employee + Family	\$87.62	\$109.52

Dental, Vision, Term Life, Short Term Disability, Critical Illness & Accidental Loss Benefits

			Acc	ident	al Lo	ss of Lif	e, Limb	& Sig	jht			
Employee Am	ount	\$20,00	00				Child Ar	mount (6 mos to 26 yrs	old)	\$5,000	0
Spouse Amou	nt	\$20,00	00				Infant A	mount ((15 days to 6 mc	s)	\$2,50	0
Accidental Los	ss of Life	e, Limb 8	& Sight is part	of the	Media	cal Benefi	ts					
Dental Benefits												
	Wait	ng Peric	od Coinsura	nce	An	nual Maxi	mum Be	nefit	\$750	Dedu	ctible	\$50
Coverage A	None		80%		Exam	ns, Cleani	ngs, Intra	aoral Fil	ms, and Bitewin	gs		
Coverage B	3 Mor		60%						rs for Crowns, Brid			S
Coverage C	12 Mc	nths	50%	-	Perio	dontics, (Crowns, I	Endodo	ontics, Bridges ar	nd Dentu	res	
				ı	Vis	ion Ben	efits					
				In-Ne	etwork				Out-of-Netwo	ork		
Eye Examination	n for Gla	sses ¹ (inc	luding dilation)	Copa	ıy: \$10), plan pa	ys 100%		Plan pays \$35	, you pay	remain	der
Frames ²				Plan	pays \$	110 allow	/ance ⁴		Plan pays \$55			
Standard Plast	tic Lens	es for Gl	asses ¹	Copay: \$25, plan pays 100%			Copay: \$0, plan pays \$25-\$55 ³			3		
Standard Cont	tact Len	s Fit ¹		You pay up to \$55			You pay 100% of the price					
Premium Cont	tact Len	s Fit ¹		Plan	Plan pays 10% off the price			You pay 100% of the price				
Contact Lense	s or Dis	posable	Lenses ¹	Plan	Plan pays \$110 allowance ⁴			Plan pays \$88				
Contact Lense	s Medi	cally Nec	cessary ¹	Plan pays 100%			Plan pays \$200					
					Term	n Life Be	enefits					
Employee Amo	ount	\$10,000	(reduces to \$7	,500 at	.500 at 65; \$5,000 at 70) Child			Child Amount (6 mos to 26 yrs old)			\$5,000	
Spouse Amour	nt	\$5,000	(terminates at	age 70	0)			Infant A	Amount (15 days	to 6 mos)		\$1,000
				S	Short-	-Term D	isability	/				
Benefit 609	% of ba	se pay u	p to \$150 per	week		Waiting I	Period/N	1aximur	n Benefit Period	7 (days/26	weeks
				Cı	ritical	Illness	Benefit	s ⁴				
Heart Attack		100%	Carcinoma in S	arcinoma in Situ		25%		Employee Am		e Amount		\$5,000
Invasive Cance	r	100%	Skin Cancer			\$250		Spouse	Spouse Amount			\$3,750
Stroke		100%						Child(ren) Amount \$.			\$2,500	
¹ Once every 12 amount; Frames	months s: 20%, C	² Once e Conventic	every 24 month onal Contact Le	s ³ Sing nses: 1	gle Visi 5% ⁴ p	ion: \$25, B re-existing	ifocal: \$40 conditio	0, Trifoca n limitat	al: \$55 ⁴ Discount tion is 12/12 and v	on baland vaiting pe	ce above riod is 30	allowed days

Semi-Monthly Premiums	Dental	Vision	Term Life	STD	Critical Illness
Employee Only	\$11.70	\$5.24	\$1.30	\$9.10	\$5.87
Employee + Child(ren)	\$31.59	\$14.17	\$1.95	n/a	\$5.96
Employee + Spouse	\$23.40	\$10.49	\$1.95	n/a	\$10.81
Employee + Family	\$44.46	\$19.93	\$3.90	n/a	\$10.92

Questions & Answers

Q: Do all employees have to complete an enrollment form?

A: Yes. By obtaining acknowledgement of either an acceptance or declination from each employee completes new-hire paperwork, you are limiting the liability you and your employer face. We never want an employee or family member of your agency to come back to you and say they were discriminated against and never offered insurance. It is in your company's best interest to make sure that all employees fill out the enrollment form and either elect or decline coverage.

Q: When can an employee enroll for benefits?

A: Employees may sign up for coverage during their first thirty (30) days of employment or during the company-wide open enrollment period. Employees who choose not to elect coverage during their own 30-day open enrollment period, or a company-wide open enrollment, will be asked to wait until the next company-wide open enrollment period before being allowed to elect coverage. Leaving one job assignment and immediately starting another does not constitute a "new" 30-day open enrollment period. If an employee has been terminated or laid off from an assignment and returns on a new assignment, after 6 or more weeks, he/she may re-enroll as a new hire. ESC/PAI considers an employee's first day on a job assignment, regardless of length, the start of their personal 30-day open enrollment period. This is why we encourage you to make sure ALL employees filling out new-hire paperwork complete an Essential StaffCARE enrollment form.

Q: Will an employee's insurance be canceled if a premium payment is missed?

A: No. Coverage may not be cancelled until the employee has missed six consecutive premium deductions. In the event that an employee misses a deduction(s), the employee may make direct payments to PAI, as long as there has been at least one payroll deduction made through their employer. It is the employee's responsibility to contact PAI to make arrangements for direct payments. PAI will NOT contact your employee if a premium payment is missed. Employees may not initiate coverage through a direct payment. If an employee chooses not to make payments for the week(s) they have a break, no benefit will be paid for claims incurred and submitted during the break in coverage. Payments must be received within 45 days of the date of the paycheck from which a premium deduction would have been made. If an employee comes back to work between one (1) and six (6) weeks, payroll deductions will automatically begin again and be applied on a going forward basis (the Monday following the next deduction). Deductions will only be taken semi-monthly and will NOT be "caught up" by the employer or posted to back weeks.

Q: When will an employee and his/her eligible dependents be eligible for COBRA?

A: Employees become eligible to receive a COBRA offer if they have had at least one payroll deduction through their employer and have missed six consecutive premium payroll deductions. Once there is a six week break with no payroll premium reported, a COBRA letter is automatically generated and sent by PAI to the member's home address. If the employee or dependent is eligible, he or she may elect COBRA within sixty days from the date of their letter and the applicable premium must be remitted in full to the address provided in their letter. COBRA participants or "qualified beneficiaries", are not billed for their COBRA payment and must take responsibility to keep premium current. COBRA participants may generally stay on COBRA for up to 18 months from the date of a qualifying event that causes loss of coverage. A second qualifying event may allow extended COBRA coverage for up to 36 months. Qualifying events for COBRA are termination of employment, loss of coverage due to a reduction of hours, death of the employee, divorce or legal separation, change in status of a dependent, Medicare entitlement, retired employees, and for employer bankruptcy.

Q: Who is considered an "eligible dependent"?

A: Your eligible dependents are your spouse and your children under age 26 (this may vary by state).

Q: When can an enrollee add coverage for himself/herself or dependents?

A: An enrollee may add coverage for himself/herself during an annual open enrollment period or during a life changing event, such as birth, marriage, death, divorce, adoption, Medicare entitlement or loss of prior coverage. Proof of the event must be provided and enrollment or change must occur within thirty days of such event.

Our Networks

Please utilize the web site addresses or phone numbers below to locate a physician, dentist, or vision provider. **DO NOT** call with questions about your health plan. The networks do not have any knowledge of your medical plan.

Medical Network

First Health Network www.myfirsthealth.com 1-800-226-5116

Prescription Network

For your pharmacy benefit information, visit:

www.paisc.com 1-866-798-0803

Dental Network

Dentemax www.dentemax.com 1-800-752-1547

Vision Network EyeMed Vision Care www.eyemedvisioncare.com 1-866-559-5252

Ordering Materials

Contact Essential StaffCARE to:

Adjust quantity of materials on restock, Stop Restock, and Order More Materials

Phone Number: 864-527-7929
Email: supplies@iagbenefits.com

Website: www.essentialstaffcare.com/supplies

Restock

Upon request, your branch can receive an automatic recurring shipment (restock):

- Of English Enrollment Forms and/or Spanish Enrollment Forms
- Of Return Envelopes (for mailing employee applications to our third party administrator, PAI, for processing)
- All quantities can be adjusted for each branch's level of volume
- Restock is only adjustable in quantities, not frequency

If you choose to receive an automatic restock of forms, your forms will arrive every other month starting with your renewal month:

- If your plan renews in an odd month (Jan., March, May, July, Sept., Nov.), you will always receive restock in an odd month
- If your plan renews in an even month (Feb., April, June, Aug., Oct., Dec.), you will always receive restock in an even month
- **Example of how automatic restock works:** If your company renews your Indemnity plan in January, you will receive a *renewal* shipment in January with materials to hold Open Enrollment. You will then receive a *restock* of Enrollment Forms and Envelopes in March, May, July, Sept. and Nov.

Order As Needed

If your branch does not wish to receive an automatic restock, you may order forms as your branch needs them:

- No more than six orders per year
- Materials can be ordered at any time, but please try to order enough forms to last 2-3 months
- All orders will be shipped ground with UPS and cannot be expedited
- You will be responsible for printing your own forms if you do not allow enough time for shipping
- All shipments are mailed from Greenville, SC (29615)
- Visit www.ups.com/maps to see an estimated shipment time
- Please allow 1-2 days for printing

How to Submit Enrollment Forms

- Electronic Submission via Secure Site (2 business days)
 - Most reliable way to submit for quick processing
 - Please contact service@iagbenefits.com to verify your FTP site
- Faxing (4 business days)
 - Please use Fax Cover Sheet on page 10
- By Mail (up to 10 business days)
- Please submit enrollment forms on a weekly basis. This will ensure benefit activation in a timely manner, as well as increase Compliance.

New Hire Procedures

- 1. All new hires who complete an I-9 and W-4 will need to complete the ESC enrollment form. Please incorporate the Essential StaffCARE (ESC) enrollment form into your New Hire paperwork.
- 2. Ask your employees to complete the form to the best of their knowledge.
- 3. Every new hire must check 'Yes' or 'No' on the enrollment application.
- 4. <u>Don't let employees take the application portion of the form home.</u>
- 5. Check the form for completeness. We must have all personal information on the top portion of the application including:
 - Social Security Number
 - Date of Birth
 - First and Last Name
 - Phone Number
 - Address
 - Dependent information if dependent coverage is elected.
 - Signature and Date
 - Election of 'Yes' or 'No'
- 6. Any information left off of the top portion of the enrollment form may delay coverage for the employee.
- 7. Fax the completed forms to PAI's secure fax at 1-803-264-0772. Please include a fax cover sheet alerting PAI how many applications are included in the fax transmission. You will find, enclosed, a fax cover template which includes important information to accompany your fax. Please feel free to use this version, or create your own.
- 8. If you prefer to mail your enrollment forms to PAI at least once a week, we will supply you with postage paid return envelopes.

Ask your employees to fill out the Essential StaffCARE enrollment form to the best of their knowledge and hand the benefit election portion back to you. Do not allow this portion to leave your office. Your new hire employee may take the remainder of the form home with them. The take home portion contains valuable information about their plan and also how they can make changes until they receive their ID card and Summary Plan Description from Planned Administrators.

Please do not let the benefit election portion of the enrollment form leave your office—the chances of getting the form back within the eligibility period is slim and also leaves your company open for a liability. If an employee is unsure of the type of coverage they need, have them complete the top portion of the enrollment form with all personal information and check the box titled "No to all benefits" They can take the remaining portion home with them to discuss with family members. If the employee would like to change their initial election, the take home portion of the application will alert them on how this may be done. They may call the Essential StaffCARE Customer Service line directly, and a customer service representative will assist them in making changes.

Planned Administrators will do all the tracking of your employee's eligibility through their systems. We are receiving weekly payroll files from your corporate office, therefore we are able to monitor when deductions and benefits will begin. That is why we must insist that the Essential StaffCARE enrollment form be completed at the time the new hire paperwork is done and faxed to PAI at 1-803-264-0772 no less than once a week. Enrollment forms are date stamped upon receipt at PAI and keyed into the system within 4 business days. Once an employee has received an assignment, PAI will communicate back to your corporate office as to when premium deductions will begin.



ENROLLMENT FORMS FAX COVER SHEET

GROUP #2994001-BGV-1

NUMBER OF PAGES
BEING FAXED (INCLUDING COVER PAGE)
YOUR NAME
YOUR PHONE NUMBER
Please Fax to ONE of the following. Indicate which fax line you are using by checking the box below.
PAI's FAX NUMBERS: 1-803-264-0772
1-803-264-8571
1-803-264-8739
□ 1-803-870-8060

B1 OFFICE U	SEONLY LOCATION	New Hire Re	ehire D	ate//
ENROLLMENT FORM	И		ESC/MEC	C CU(4EUSLi) P12Mi v24.1
A. REQUIRED EMPLOYEE INFORMATIO		E. LIMITED BENEFIT PLA		
PRINT USING BLACK or BLUE INK (Must	Be Filled Out)	You MUST select a coverage coverage level for all the be		
Name		SELECT COVERAGE LEVI		o radifical.
Phone		Employee Only		mployee + Spouse
Social Security Number		Employee + Child(mployee + Family
Date of Birth / /	Gender M F	NO t	to ALL Ben	efits
Address	Apt.	FIXED INDEMNITY MEDIC	AL PLAN ¹ Plan 2	Semi-Monthly Rates
City State	Zip	Plan 1 \$34.62	\$43.29	Employee Only
B. MEDICARE INFORMATION		\$57.50 Plan 2 \$65.78	\$71.86 \$82.25	Émployee + Child(ren) Employee + Spouse
Do you or any of your dependents receive N		\$87.62	\$109.52	Employee + Family
Yes No If Yes, fill out the remaind		NO Medical Plan		ALL CARLES DO
Medicare Health Insurance Claim Number (HICN):	¹ This coverage is not available.	ailable to res	sidents of NH, HI, or PR.
Medicare Effective Date:		YES		Employee Only
				Employee + Child(ren) Employee + Spouse
Name of Covered Person(s):		NO		Employee + Family
1. 2.		VISION 1	\$5.24	Employee Only
3.		YES	\$14.17	Employee + Child(ren)
C. REQUIRED DEPENDENT INFORMATION	ON	NO		Employee + Spouse Employee + Family
	OB /	TERM LIFE 1		
		YES		Employee Only Employee + Child(ren)
	ender M F	NO	\$1.95	Employee + Spouse
	Domestic Partner		\$3.90	Employee + Family
	OB /	CRITICAL ILLNESS 1	\$5.87	Employee Only
	ender M F	YES	\$5.96	Employee + Child(ren)
Relationship: Spouse Child	Domestic Partner	NO		Employee + Spouse Employee + Family
Name	OB / /	SHORT-TERM DISABILITY*		5 1 0 1
Social Security #	ender M F	YES	** STD is	Employee Only not available to persons
Relationship: Spouse Child	Domestic Partner	□ NO	who re or RI.	side in CA, HI, NH, NJ, NY,
D. BENEFICIARY INFORMATION		E MEC WELLNESS/DDEV	ENTINE DE	NEET CELECTION
For Term Life / Accidental Loss of Life, Limb write in your beneficiary information. Accide		F. MEC WELLNESS/PREVI		
Limb & Sight is part of the Fixed Indemnity	Medical Benefit.	Semi-Monthly List	\$29.10 \$32.90	Employee Only Employee + Child(ren)
Name		Bill Rates	\$32.70 \$35.51	Employee + Spouse
Relationship			\$40.44	Employee + Family
			NO to M	

²Enrolling in the Optional MEC Wellness/Preventive Benefit may DISQUALIFY you from receiving a subsidy from the health insurance exchange. The MEC Wellness/Preventive Benefit is NOT underwritten by BCS Insurance Company. It is a benefit offered and provided by your employer. Note: the federal Affordable Care Act (ACA) individual mandate no longer imposes a penalty; however, please check your state for any individual mandate requirements or penalties. Rates for the MEC Wellness/Preventive Benefit are billed semi-monthly.

G. REQUIRED SIGNATURE

YOU MUST SIGN AND DATE EVEN IF YOU DECLINE COVERAGE

By signing below, I confirm I have read the Benefits Summary and the Limitations and Exclusions for the recommended benefit plans; I've been offered self-funded ACA compliant coverage (MEC Wellness/Preventive) and open enrollment is only available for a limited time. I also understand that making no benefit selection is a declination of benefit coverage and benefit coverage is only available to employees who are over the age of 18 with a valid SSN.

Essential StaffCARE

Plans 1 & 2 - CHANGE FORM

2994001-BGV-1

Mail / Fax to: Planned Administrators, Inc.

PO Box 6702 Columbia, SC 29260 Telephone (866) 798-0803 Fax (803) 264-0772 Underwritten by BCS Insurance Company Oakbrook Terrace, IL

Fill out this form ONLY if you are making changes in your coverage or terminating coverage.

Fill out this form ONLY If y	ou are making	cnanges	in your co	overag	ge or tern	ninatin	g cove	erage.			
A. REASON FOR THE CH	ANGE										
Address Change	Name Change	Ad	d Depend	lent(s)	Co	verage	e Char	nge	Terminate (Covera	ge
B. REQUIRED EMPLOYEE	INFORMATIC	N	MUST B	E FILL	ED OUT	•			Addre	ss/Na	me Change
Name			Social Se	curity	#		Phone			Gend	er MF
Address			City				State		Zip	Apt. #	ļ.
Employer					Hire [Date /	/	Date	of Birth		
Add/Change Dependent	Information										
Name		Social S	Security #		of Birth /	Gende M F		Relationsl	nip		
						MF					
						MF		-			
C. INDEMNITY PLAN CHA											onthly Rates
You MUST select a coverage will be identical.	je ievei before a	adding a	ny benefit	s in Se	ection C.	Your co	overag	e ievei id	or all the ben	ents in	Section C
SELECT COVERAGE LEVEL	FIXED INDEM	- 1	DENTA	L¹	VISIO	N 1	TERM	/I LIFE ¹	SHORT-TER DISABILITY		CRITICAL ILLNESS 1
Employee Only		lan 2 43.29	\$11.70	.70 \$5		4	\$	1.30	\$9.10		\$5.87
Employee + Child(ren)		71.86	\$31.59		\$14.17			1.95			\$5.96
Employee + Spouse	\$65.78 \$8	32.25	\$23.40	0	\$10.4	19	\$	1.95			\$10.81
Employee + Family	\$87.62 \$1	09.52	\$44.4	6	\$19.93		\$:	3.90			\$10.92
NO to ALL Benefits	Plan 1 No Medic	Plan 2	Yes No		Yes No			Yes No	Yes No		Yes No
¹ This coverage is not availab										 1H, NJ,	
Add/Change Life/Accident	al Loss of Life, L	imb and	d Sight Ber	neficia	ry						
Primary					Relations	ship					
Secondary					Relations	ship					
D. MEC PLAN CHANGES	- Select the ch	ange yo	ou wish to	make	€.			829940	001-M-BGV-1	Semi N	Monthly Rates
MEC Wellness/Preventive \$29.10 Employee Only				lo Cha	_	Emplo	yee +		\$40.44 Ei		
I hereby authorize my emplo ancillary benefits. I understar Deductions will not be refun- MEC plan, I hereby authorize D for a benefit means I do	nd that deduction ded, however, co my employer to	ons may overage v send an	continue u will continu enrollment	inder n ie as lo reque:	ny old ele ong as you st to PAI. I	ections u have a	until th a paycl	nis form i heck ded	s received an uction. If elec	d proce cting be	essed by PAI. enefits for the

► SIGNATURE

Form: ESC CU(4EUSLi) P12M v24.1

___/__/_______

Plans 1 & 2 - FORMULARIO DE CAMBIOS

2994001-BGV-1

Enviar por correo/fax a:

Planned Administrators, Inc.

PO Box 6702 Columbia, SC 29260

Teléfono (866) 798-0803 Fax (803) 264-0772

Con el aval de BCS Insurance Company Oakbrook Terrace, IL

Llene este formulario SÓLO	si va a hacer c	cambios a la c	obertura o	a cancelarla.				
A. RAZÓN DEL CAMBIO								
Cambio de dirección	Cambio de no	ombre A	gregar depe	endiente(s) Ca	ambio	de cobertura	a Cancelar la	cobertura
B. INFORMACIÓN REQUER	IDA DEL EMPL	.EADO	CONTESTA	AR TODO			Cambio (de dirección/nombre
Nombre			# de Segur	o Social	Teléfono			Género H M
Dirección			Ciudad			Estado	Código Zip	Apt. #
Empleador						Fecha de coi	ntratación /	Fecha de nacimiento
Agregar/cambiar informació	n de dependie	ntes						
Nombre		# de Seg	uro Social	/ /	iénerc H M	1	n	
					H M	_		
C. CAMBIOS AL PLAN DE C	OMPENSACIÓ	N FIJA - Eliia	el cambio d	ue guiere en cada	bene	eficio	Page	os dos veces por mes
Usted DEBE seleccionar ur para cada beneficio de la	n nivel de cobe			<u> </u>				·
SELECCIONE NIVEL DE COBERTURA	PLAN MÉDI COMPENSACIO	ÓN FIJA ¹	PLAN DENTAL ¹	PLAN DE LA VISTA ¹	1		DISCAPACIDAD A CORTO PLAZO 1, 2	
Solo empleado	Plan 1 \$34.62	Plan 2 \$43.29	\$11.70	\$5.24		\$1.30	\$9.10	\$5.87
Empleado + Hijo(s)		\$71.86	\$31.59	\$14.17		\$1.95	·	\$5.96
Empleado + Esposa/o	\$65.78	\$82.25	\$23.40	\$10.49		\$1.95		\$10.81
Empleado + Familia	\$87.62	109.52	\$44.46	\$19.93	:	\$3.90		\$10.92
NO a TODOS los beneficios	Plan 1 No	Plan 2	Sí	Sí		Sí	Sí	Sí
¹ Cobertura no disponible a res		HI o PR. ² Bene			olazo n			
Agregar/cambiar al beneficiar	io del seguro de	e vida y del seg	guro por pér	dida de la vida, de ı	un mie	embro o de la	a vista por accidente	9
Primario				Relación				
Secundario				Relación				
D. CAMBIOS AL PLAN MEC	- Seleccione el	cambio que c	quiere hace	r		8299	94001-M-BGV-1 F	agos dos veces por mes
MEC Wellness/Preventive	Cancelar el l	Plan MEC	Sin cambi	0				
\$29.10 Solo empleado	\$32.90	Empleado + H	ijo(s) S	35.51 Empleado	+ Esp	osa/o \$4	10.44 Empleado +	Familia
\$29.10 Solo empleado \$32.90 Empleado + Hijo(s) \$35.51 Empleado + Esposa/o \$40.44 Empleado + Familia Por medio de este documento autorizo a mi empleador a deducir de mi pago las contribuciones requeridas para cubrir las primas del Plan médico de compensación fija (Fixed Indemnity Plan) y los beneficios secundarios. Comprendo que las deducciones podrían seguir siendo las mismas que eran para mis opciones previas hasta que este formulario sea recibido y procesado por PAI. Las deducciones no se reembolsan, sin embargo, la cobertura continuará mientras usted tenga una deducción de cheque de pago. Si se trata de la elección de beneficios del plan MEC, por medio de este documento autorizo a mi empleador a enviar una solicitud de registro a PAI. Entiendo que el no hacer ninguna selección en las Secciones C y D de un beneficio, significa que no quiero hacer cambios a tal beneficio.								

Formulario: ESC/MEC CU(4EUSLi) P12M v24.1

FECHA

► FIRMA

ID Card Information

Q: How can employees get their ID cards?

A: Within two weeks of their first deduction, ID card(s) and a confirmation of coverage letter will be mailed to the employee's home address. If an employee needs to receive their ID card(s) sooner they can contact the ESC Support Center at 1-866-798-0803 and request copies to be emailed or faxed to them or their provider.

Q: After I sign up, when will my coverage go into effect?

A: Your coverage goes into effect the Monday following your first payroll deduction. Coverage can not be initiated with a pre-payment.

Q: How do I find an in-network physician or hospital?

A: While your medical plan does not impose an in-network restriction, you may realize additional savings by utilizing an in-network medical provider.

First Health Network - www.firsthealthnetwork.com - 1-800-226-5116

Q: Is there a phone number my doctor can call to get a list of my benefits?

A: Yes, your provider may call the Essential StaffCARE Customer Service number 1-866-798-0803 for scheduled benefits and benefit maximums.

Q: What if I need to have a prescription filled?

A: For generic and brand prescriptions, present your ID card at a participating pharmacy to receive discounts. Generic and brand prescriptions are payable based on the schedule of benefits up to the annual prescription drug maximum. To file a claim for reimbursement, save your receipt and remit to Planned Administrators, Inc. Prescription drug coverage is not provided for drugs administered during a physician office visit or hospital stay.

Q: Where can I get claim forms?

A: Medical and Dental claim forms may be obtained by calling our customer service line at 1-866-798-0803 or you may download claim forms from our website – www.paisc.com. Be sure to click on Forms on the home page and then select Essential StaffCARE.

Q: What if I want to cancel or make changes to my coverage?

A: Coverage may be canceled or reduced at any time, unless your employer takes premium deductions pre-tax. To make changes or cancel coverage by telephone call 1-866-798-0803.

Toll Free Customer Service Hotline: 1-866-798-0803 8:30 a.m. to 8:00 p.m. EST





Reference Manual

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Adults—MEC Plan covers	100% of the allowed amount in network; 40% out of network
Abdominal Aortic Aneurysm	One time screening for men of specified ages who have ever smoked
Alcohol Misuse	Screening and counseling
Aspirin	Use to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk
Blood Pressure	Screening for all adults
Cholesterol	Screening for adults of certain ages or at higher risk
Colorectal Cancer	Screening for adults over 50 to 75
Depression	Screening for adults
Type 2 Diabetes	Screening for adults 40 to 70 years who are overweight or obese
Diet	Counseling for adults at higher risk for chronic disease
Falls Prevention	(with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting
HIV	Screening for everyone 15 to 65, and other ages at increased risk
Hepatitis B Screening	for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.Sborn people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence
Hepatitis C Screening	for adults at increased risk, and one time for everyone born 1945–1965
Immunization	Vaccines for adults—doses, recommended ages, and recommended populations vary: Hepatitis A, Hepatitis B, Herpes Zoster, Human Papillomavirus, Influenza (Flu shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella
Lung Cancer	Screening for adults 55–80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
Obesity	Screening and counseling for all adults
Sexually Transmitted Infection (STI)	Prevention counseling for adults at higher risk
Statin Preventive Medication	for adults 40 to 75 at high risk
Syphilis	Screening for all adults at higher risk
Tobacco Use	Screening for all adults and cessation interventions for tobacco users
Tuberculosis Screening	for certain adults without symptoms at high risk

Women, Including Pregnant Women—MEC Plan covers 100% of the allowed amount in network; 40% out of network	
Anemia	Screening on a routine basis for pregnant women
Bacteriuria	Urinary tract or other infection screening for pregnant women
BRCA	Counseling about genetic testing for women at higher risk
Breast Cancer Mammography	Screenings every 1 to 2 years for women over 40
Breast Cancer Chemoprevention	Counseling for women at higher risk
Breastfeeding	Comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
Cervical Cancer Screening	Pap test (also called a Pap smear) every 3 years for women 21 to 65; Human Papillomavirus (HPV) DNA test with the combination of a Pap smear every 5 years for women 30 to 65 who don't want a Pap smear every 3 years
Chlamydia Infection	Screening for younger women and other women at higher risk
Contraception	Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt "religious employers."
Diabetes	Screening for women with a history of gestational diabetes who aren't currently pregnant and who haven't been diagnosed with type 2 diabetes before
Domestic and Interpersonal Violence	Screening and counseling for all women
Folic Acid	Supplements for women who may become pregnant
Gestational Diabetes	Screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
Gonorrhea	Screening for all women at higher risk
Hepatitis B	Screening for pregnant women at their first prenatal visit
Human Immunodeficiency Virus (HIV)	Screening and counseling for sexually active women
Osteoporosis	Screening for women over age 60 depending on risk factors
Preeclampsia Prevention and Screening	for pregnant women with high blood pressure
Rh Incompatibility	Screening for all pregnant women and follow-up testing for women at a higher risk
Sexually Transmitted Infections (STI)	counseling for sexually active women

Syphilis	Screening for all pregnant women or other women at increased risk	
Tobacco Use	Screening and interventions for all women, and expanded counseling for pregnant tobacco users	
Urinary Incontinence Screening	for women yearly	
Well-Woman Visits	To get recommended services for women under 65	
Children—MEC Plan covers 100% of the allowed amount in network; 40% out of network		
Alcohol, Tobacco, and Drug Use Assessments	for adolescents	
Autism	Screening for children at 18 and 24 months	
Behavioral Assessments	for children of all ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years	
Bilirubin Concentration Screening	for newborns	
Blood Pressure	Screenings for children: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years	
Blood Screening	for newborns	
Cervical Dysplasia	Screening for sexually active females	
Depression	Screening for adolescents beginning routinely at age 12	
Developmental Screening	for children under age 3	
Dyslipidemia	Screening for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders. Ages: 1 to 4 years; 5 to 10 years; 11 to 14 years; and 15 to 17 years	
Fluoride Chemoprevention	Supplements for children without fluoride in their water source	
Fluoride Varnish	for all infants and children as soon as teeth are present	
Gonorrhea	Preventive medication for the eyes of all newborns	
Hearing	Screening for all newborns; and for children once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years	
Height, Weight, and Body Mass Index	Measurements for children ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years	
Hematocrit or Hemoglobin	Screening for children	
Hemoglobinopathies	Or Sickle Cell screening for newborns	

Hepatitis B Screening	for adolescents at high risk, including adolescents from countries with 2% or more Hepatitis B prevalence, and U.Sborn adolescents not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence: 11–17 years
HIV	Screening for adolescents at higher risk
Hypothyroidism Screening	for newborns
Immunization	Vaccines for children from birth to age 18—doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis (Whooping Cough), Haemophilus Influenzae Type B, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated Poliovirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Rotavirus, Varicella
Iron	Supplements for children ages 6 to 12 months at risk for anemia
Lead	Screening for children at risk of exposure
Maternal Depression	Screening for mothers or infants at 1, 2, 4, and 6-month visits
Medical History	For all children throughout development: Ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years
Obesity	Screening and counseling
Oral Health	Risk assessment for young children: Ages: 0 to 11 months; 1 to 4 years; 5 to 10 years
Phenylketonuria (PKU)	Screening for newborns
Sexually Transmitted Infection (STI)	Prevention counseling and screening for adolescents at higher risk
Tuberculin	Testing for children at higher risk of tuberculosis: Ages 0 to 11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; and 15 to 17 years
Vision	Screening for all children

MEC Semi-Monthly Rates		
Employee Only	\$29.10	
Employee + Child(ren)	\$32.90	
Employee + Spouse	\$35.51	
Employee + Family	\$40.44	

MEC Wellness/Preventive Plan Questions & Answers

Q: How do I enroll?

A: Enrolling in the MEC Wellness/Preventive Plan is easy. You can enroll by completing an Essential StaffCARE MEC Wellness/Preventive Plan application and returning it to your manager.

Q: When can I enroll in the plan?

A: You are eligible to enroll in the MEC Wellness/Preventive Plan program within 30 days of your hire date or during your employer's annual 30 day open enrollment period. If you do not enroll during one of these time periods, you will have to wait until the next annual open enrollment, unless you have a qualifying life event. You have 30 days from the date of the qualifying life event to enroll.

Q: What is a qualifying life event?

A: A qualifying life event is defined as a change in your status due to one of the following:

- Marriage or divorce
- Birth or adoption of a child(ren)
- Termination
- Death of an immediate family member
- Medicare entitlement
- Employer bankruptcy
- Loss of dependent status
- Loss of prior coverage
- Reduction of work hours (under 30)

In addition, you may request a special enrollment (for yourself, your spouse, and/or eligible dependents) within 60 days (1) of termination of coverage under Medicaid or a State Children's Health Insurance Program (SCHIP), or (2) upon becoming eligible for SCHIP premium assistance under this benefit.

Q: Are dependents covered?

A: Yes. Eligible dependents include your spouse and your children up to age 26 (this may vary by state).

Q: When does coverage begin?

A: Coverage begins the Monday following receipt of your first payment.

Q: Can I make changes or cancel coverage?

A: You will only have 30 days from your hire date to enroll, add additional benefits or add additional insured members. After this time frame, you will only be allowed to enroll, add benefits or add additional insured members during your annual open enrollment period or within 30 days of a qualifying life event.

Q: How can I make changes or enroll if I initially decline?

A: If making changes during the annual open enrollment period or within 30 days from your hire/rehire date, complete and submit a new Enrollment Form. If making changes outside of these periods, complete and submit a Change Form. Coverage may be canceled or reduced at any time, unless your employer takes premium deductions pre-tax. If deductions are taken on a pre-tax basis, changes can only be made due to a QLE and should be submitted using a Change Form.

Q: Is there a pre-exisiting clause for the medical benefit?

A: There are no restrictions for pre-existing conditions in this plan. Even if you were previously diagnosed with a condition, you can receive coverage for related services as soon as your coverage goes into effect.

Q: How can managers and employees get the MEC Summary of Benefits and Coverage (SBC)?

A: Employees may contact Essential StaffCARE Customer Service at 1-866-798-0803 to request a printed or emailed copy of your group-specific MEC SBC. At the time of your annual MEC renewal, the main point of contact from your company will receive an updated PDF of the SBC via email. A sample version of the SBC is available at the following link: www.essentialstaffcare.com/mec-sbc-spd.

List Bill Procedures

Application Process:

Documents may be forwarded to us via US mail or faxed to 803-264-8571.

Enrollment applications, changes, & terminations received on/before the 15th of the month will be processed and appear on the bill generated for the next month.

Enrollments

- 1. Enrollments will always be effective on the first calendar day of the month following the date of hire. Please list the date of hire and the effective date of coverage on the Enrollment Form.
- 2. If there is a waiting period that ends during a month, benefits will have an effective date of the first of the following month.
- 3. Enrollments that are received/processed after a bill has been produced for the effective month will appear on the next bill as a retro. Adjustments are limited to two (2) months. (For example: If an enrollment form with an effective date of 11/01/2017 is received /processed after 10/21/2017, the enrollee will not appear on the November bill. Instead, charges for the current month will appear on the December bill in addition to a retro adjustment of "+1" to capture premiums due for November.)

Changes

- 1. Changes will always be effective on the first calendar day of the month. Please list the effective date of change on the Change Form.
- 2. For post-tax groups, changes to decrease the number of plan participants or the decrease the coverage types are accepted at any time. [Example: An enrollee who originally selected family medical/dental/vision/std/life coverage may decrease to enrollee + one dependent or enrollee only coverage. S/he also has the option of reducing the types of coverage by canceling one or more of the supplemental coverage(s).] If an enrollee has a qualifying or life event (marriage, birth, adoption, divorce, etc.), s/he may request an increase in plan participants or coverage types with proof of the life/qualifying event. The enrollee also has an opportunity to increase plan participants and coverage types during the open enrollment period.

Note: If premiums are withheld before taxes, enrollees are not allowed to decrease or increase coverage unless s/he has experienced a life/qualifying event or the client is in open enrollment.

Terminations

- 1. Last date of coverage for terminated plan participants will always be the last calendar day of the month. Please list the termination date on the Termination Form.
- 2. Termination forms that are received/processed after a bill has been produced for the effective month will appear on the next bill as a retro. Retro adjustments are limited to two (2) months. (For example: If a termination form with an effective date of 11/30/2017 is received /processed after 11/21/2017, the enrollee will appear on the December bill as an active participant. On the January bill, the termination for that enrollee will appear as a retro adjustment of "-1" to offset the December charges.)

Note: For retro terms, we check to verify that no claims have been paid during the period for which an adjustment is requested. If claims were paid, the retro adjustment(s) would be denied.

Premium Remittance Process:

Premiums for list bill clients are due by the 9th of the billed month. List bill clients are to pay as billed. Adjustments will appear on future bills. For example: If a client was paying the November bill, the premium would be due by November 9th. Clients have an option of remitting premiums via Electronic Fund Transfer (EFT) or check. The preference is EFT via Wire or ACH deposit.